Bypassing the Blues is a National Heart, Lung, and Blood Institute-funded research study. It's a cooperative effort by doctors, nurses, and other healthcare professionals from several Pittsburgh-area hospitals who are interested in helping cardiac bypass patients live life to its fullest.

If you are eligible to participate in Bypassing the Blues, you may begin a program specifically designed to help patients like you avoid or overcome depression following surgery. This program may include telephone counseling, guided use of a workbook or video, medication prescribed by your primary care physician, specialty referral, or a combination of these depending upon your treatment preferences.

Patients still hospitalized following bypass surgery may be eligible to participate. For more information:

Call 412-692-2659 or ask your nurse or doctor about the Bypassing the Blues study.
Bypassing the Blues is a National Heart, Lung, and Blood Institute-funded research study. It’s a cooperative effort by doctors, nurses, and other healthcare professionals from several Pittsburgh-area hospitals who are interested in helping cardiac bypass patients live life to the fullest.

If you are eligible to participate in Bypassing the Blues, you may begin a program specifically designed to help patients like you avoid or overcome depression following surgery. This program may include telephone counseling, guided use of a workbook or video, medication prescribed by your primary care physician, specialty referral, or a combination of these depending upon your treatment preferences.

Patients still hospitalized following bypass surgery may be eligible to participate. For more information:

Call 412-692-2659 or ask your nurse or doctor about the Bypassing the Blues study.